

# BEHIND THE SCENES: WF does Newport Beach

Deputy editor Samera and fashion editor Leda sailed away at this month's fashion shoot in the b-e-a-utiful Newport Harbour, California

WITH A GLAM BACKDROP of celeb homes and mansions the size of our apartment blocks back in Oz, we soaked up the Cali sun, caught a whiff of sea lions that were trying to jump on to the sail boats (um, the not-so-glamorous part), and even had a go at the wheel of the vessel (thanks,

Captain Bob!). Ah, the privileged life of the faux rich and famous...

Beyond the shoot, we were lucky to experience more than just the high seas with healthy organic feasting, spa treats and a taste of the OC's active lifestyle. Read more about the trip on page 134.

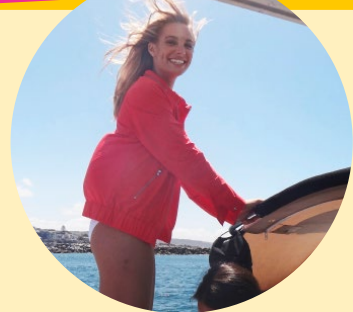


Putting the finishing touches on our model Nathalie



Oxygen facials, anyone?

## Meet our model



Nathalie Darcas is an LA-based, NY-bound Aussie and the star of our Newport Beach sailing shoot on page 124.

### What are your non-modelling interests?

"I study psychology by correspondence through Melbourne's Deakin University."

### Fave healthy places to eat?

"Vegan Mexican restaurant Gracias Madras and the juices and smoothies at Café Gratitude in West Hollywood."

### How do you keep fit?

"I alternate between Pilates, yoga and running."

### Weirdest fitness trend you've tried?

"A hot yoga class with weights. It was like doing aerobics in 35 degrees."

**Fast fact?** "I grew up in France. My dad's French and I speak it fluently."



Chef Kathy of Provenance restaurant shows us around her organic garden



What a glam backdrop for a fashion story



Samera gets a good stretch out using the gyrotonic method



Our awesome shoot crew

